



Working Together Hand-in-Hand

*Fraser Heights Secondary School
Parent Advisory Council*

New Letter # 1

Message from the FHSS PAC President

Welcome back! I hope your summer activities have been memorable and fun. On behalf of the Fraser Heights Secondary School (FHSS) Parent Advisory Council (PAC), I would like to extend a warm welcome to those families who have recently joined the school, as well, to all of the returning families.

PAC is open to all parents of Fraser Heights Secondary students. You do not have to be a member of the PAC Executives to attend meetings and participate. We only meet once a month and it's an excellent way to receive updates of the school upcoming events and activities.

Participating in PAC is not only fun but a great way to assist with planning your children's various events and celebrations.

I encourage all parents to take an active role in their child(ren)'s learning by becoming involved in the various activities.

We had our first meeting on September 11th and it was a well attended meeting with lots of enthusiastic parents there.

Upcoming PAC meetings:

October 9, 2007

November 13, 2007

December 11, 2007

January 15, 2008

February 12, 2008

March 11, 2008

April 8, 2008

May 13, 2008



If you have questions such as these
Call Dial-A-Dietitian
Information and access to helpful resources and tools
are just a call or click away!
www.dialadietitian.org

Greater Vancouver
604-732-9191
Toll-free in BC
1-800-667-3438
Monday to Friday
9 a.m. - 5 p.m.

Who can I contact in my
community to help us
implement the Guidelines at our
school?
- Principal

Where can I access a list of
foods that meet the Guidelines?
- Cafeteria Supervisor

Who can we sell for our
fundraising lunches? We
usually sell pizza and juice.
- Parent Advisory Council

I run the school store and the
students help. What has worked
in other school stores?
- Business Teacher

I'm trying to make money for
our sports teams. What works
best?
- Phys Ed Teacher

How do I know if a product we
carry meets the Guidelines?
- Food Vendor

THE ROYAL CANADIAN LEGION is proud to announce the 2007/2008 National Remembrance Contest which invites youth of all ages to express their views and artistry about honour, respect and “*Remembrance.*”

Letter from the Honourable Iona Campagnolo, PC, CM, OBC, Lieutenant Governor of British Columbia.

In year, the Royal Canadian Legion provides a unique opportunity for students to discover and rediscover the stories Canadian men and women who risked their lives to defend the good life and freedoms that we enjoy in Canada.

Students are once again invited to submit their essays, posters and poetry to honour those heroes who have sacrificed their lives in Canada`s wars. Despite Canada`s youth as a country, we have been involved in many conflicts past and present, from the Boer Wars to the trenches of World War I, where so many Canadians valiantly fought, and to World War II as Aboriginal, Japanese and Chinese Canadians fought in battles on nearly every corner of the earth. More contemporarily,

Canadians have fought in Korea, in the first Gulf War, and in the Arabian Sea where the Navy recently protected its access.

Our forces have been respected as peacekeepers and our nation has been hailed as the nation responsible for the advent of peacekeeping with Lester B. Pearson's involvement during the Suez Crisis. Though the face of peacekeeping has transformed since 1950, Canadians have and are still engaged with compassion and fervor in helping rebuild and provide security and assistance to areas shattered by war and ethnic conflict. Among those areas are Bosnia-Herzegovina, The Congo, Cyprus, Cambodia, El Salvador, Somalia, Rwanda, Ethiopia, Guatemala, Mozambique, Angola, Namibia and East Timor, Haiti and Afghanistan.

This contest is a tribute to all of those who give themselves to the trials and triumphs of serving Canada in war, peace and disaster. Our forces are respected worldwide as among the best trained and disciplined in the world. Our men and women are representatives of Canada and are heroes who represent and defend our values and principles daily in the sacrifice that their work entails.

Time had almost begun to lead too many of us into thinking that the horrors of war had passed for most Canadians. The fact remains that while some parts of our troubled world are fortunate to be free of conflict and harm, in areas where there is no peace to be kept, the men and women of today's Canadian Armed Forces are still in harm's way, defending the democratic freedoms that most of us take for granted. For this reason, it is important that, as people and as Canadians, we remain engaged and keep talking about war. Deliberation and discussion is the only way that we may eventually move towards peace. When you pick up your pen or paintbrush, please think of those past and present heroes. Perhaps, in the stroke of your pen and brush, we may find solutions to war and conflict on both a macro and micro scale.

When you submit your pieces to the Royal Canadian Legion's National Literary and Poster Contest, remember that the task of changing the world may be a pen or brush in your hand.

For more information on the contest, visit www.legion.ca or www.bcyuk.legion.ca and www.legionlegacies.org.

THE SURREY SCHOOL DISTRICT /36

Annual Goals & Objectives (2007/2008)

Mission: To provide safe and caring environments in which all learners can achieve academic excellence, personal growth and responsible citizenship.

The Surrey Board of Education subscribes to the following statements of beliefs and guiding principles:

We believe that:

- schools exist for learners
- education is a shared responsibility among home, school and community

We Value:

- the pursuit of excellence in teaching and learning
- the accomplishments of our learners
- the role of parents in the education of their children
- collaboration and cooperation in setting, achieving and evaluating the goals of education
- the contributions made by all employees, parents and the community
- the involvement and support of our diverse communities

We seek to:

- instill in learners a respect for knowledge and an appreciation that learning is a lifelong process
- prepare all learners to assume responsible citizenship and career roles as adults in society

We commit to:

- making decisions in the best interest of all learners
- providing safe and healthy learning environments
- demonstrating accountability, both educational and financial
- listening and responding to the needs of our community
- pursuing appropriate and equitable financial resources

We promote:

- tolerance and respect for diversity
- dynamic leadership at all levels of the organization

For more information visit their website at
www.sd36.bc.ca



NOTICE - Dated September 4, 2007

Volunteer Opportunities - Surrey Heritage Services

Surrey Heritage Services is looking for volunteers who would be interested in working with school children to be trained as docents for our programs at the Surrey Museum and Historic Stewart Farm. This volunteer position is excellent for anyone who is interested in learning more about Surrey's early history, who like working with school age children and working with a vibrant team of volunteers.

For more information on the Surrey Museum programs, please contact Janette Magnusson, Volunteer & Youth Specialist at 604-502-6461 or by email (Jmagnusson@surrey.ca). For more information on the Historic Stewart Farm programs, please contact Ann Embra, Volunteer & Youth Specialist at 604-502-6461 or by email (ACEmbra@surrey.ca).



**ARE YOUR CHILDREN THINKING
ABOUT THEIR CAREER?**

Tickets Request Information

General Information

The *Education & Career Fairs* are BC's Largest Career Planning Events! The *Education & Career Fairs* are designed to introduce career changers, high school students, and the general public to a variety of post secondary education choices, career and employment options and labour market information to assist them with career planning.

Complimentary Tickets

The *Education & Career Fairs* is pleased to provide Fraser Heights Secondary Parent Advisory Council with fee tickets to distribute to parents with students in grade 10, 11, and 12 and students not attending with their school.

Please note that the school also received registration packages for counsellors or instructors to bring secondary school groups. Parents are encouraged to go as an active participant in assisting their children in the career planning process.

Location & Dates of Education & Career Fairs

Fraser Valley Fair

Tradex, Abbotsford

Tuesday, December 4, 2007

9:00 am – 3:00 pm

Vancouver Island Fair

Victoria Conference Centre

Thursday, December 6, 2007

9:00 am – 4:00 pm

Vancouver Fair

Vancouver Convention & Exhibition Centre

Tuesday, February 19, 2008

9:00 am – 5:00 pm

Okanagan Fair

Grand Okanagan Resort, Kelowna

Thursday, February 21, 2008

9:30 am – 1:00 pm

Complimentary Tickets

Exhibits

The Education & Career Fairs feature exhibitors from universities, colleges, private training institutions, corporations and associations in BC, Canada, USA and International. To see Exhibitors List check out www.educationcareerfairs.com.

Seminar Series

The Seminar Series will be offered in two areas at each Education & Career Fair. The goal of the Seminar Series is to create awareness about career opportunities in a variety of industry sectors. A preliminary schedule of the Seminar Series is posted on the website. This schedule is subject to change as speakers are confirmed. Please check the website a few days prior to each fair for the final schedule.

Registration Procedures

To register for complimentary tickets, please contact the school PAC Executives or the school's counsellors.