



Community Connections

*30 Hours of Work Experience
and/or
Community Service*

NAME: _____

STUDENT #: _____



Community Connections

Life after graduation includes the world of work and community responsibilities. As part of Graduation Transitions, students gain employability skills through participation in at least 30 hours of work experience and/or community service.

Checklist:

- Verification of the completion of 30 hours and log
- Community Connections Reflection
- Signatures

Signatures

I, hereby, verify that the information recorded in this package is correct.

Student: _____

Parent/Guardian: _____

Supervisor/Teacher: _____

NOTE: Graduation Transitions is a requirement for all BC secondary school students. It is an opportunity for students to reflect on their knowledge and abilities and plan for life after graduation by collecting evidence of their achievements in Personal Health, Community Connections, and Career and Life.

30 Hour Work Experience and/or Community Service Verification

Name: _____ Student #: _____

It is expected that students will demonstrate the skills required to work effectively and safely with others and to succeed as individual and collaborative workers by participating in at least 30 hours of work experience and/or community service.

Employer / Company

Employer/Company Name: _____

Contact Person/Supervisor: _____

Employer/Company Address: _____

Postal Code: _____ Phone #: _____ Fax: _____

Placement Details

Dates From: _____ To: _____

Student Position: _____

Total Hours: _____

Proof of Participation attached? (ie. supervisor's evaluation, pay stub, letter, etc.)

Signatures

I, hereby, verify that the information recorded above is correct.

Student: _____

Parent/Guardian: _____

Work Place Supervisor: _____

Community Connections Reflection

Name: _____

Student #: _____

After engaging in a minimum 30 hours of work experience and/or community service, you have an opportunity to reflect upon the experience. Please answer the questions below. Refer to the Employability Skills 2000+ link (or see attached document):

<http://www.conferenceboard.ca/education/learning-tools/pdfs/esp2000.pdf>

1. Describe the details of your work experience and/or community service.

2. Identify the **Fundamental Skills** used or developed in your work experience and/or community service.

3. Identify the **Personal Self-Management Skills** used or developed in your work experience and/or community service.

4. Identify the **Teamwork Skills** used or developed in your work experience and/or community service.

5. Reflect upon what you have learned in your work experience and/or community service. Discuss how your strengths and/or weaknesses played a role in the success of this endeavour. Comment on how you and the community have benefited.

Employability Skills 2000+

The skills you need to enter, stay in, and progress in the world of work – whether you work on your own or as part of a team. These skills can also be applied and used beyond the work place in a range of daily activities.

<u>Fundamental Skills</u>	<u>Personal Management Skills</u>	<u>Teamwork Skills</u>
<p><i>The skills needed as a base for further development. You'll be better prepared to progress in the world of work when you can:</i></p> <p><u>Communicate</u></p> <ul style="list-style-type: none"> • Read and understand information presented in a variety of forms (e.g. words, graphs, charts, diagrams) • Write and speak so others pay attention and understand • Listen and ask questions to understand and appreciate the points of view of others • Share information using a range of information and communications technologies (e.g., voice, e-mail, computers) • Use relevant scientific, technological and mathematical knowledge and skills to explain or clarify ideas <p><u>Manage Information</u></p> <ul style="list-style-type: none"> • Locate, gather and organize information using appropriate technology and information systems • Access, analyze and apply knowledge and skills from various disciplines (e.g., the arts, languages, science, technology, mathematics, social sciences, and the humanities) <p><u>Use Numbers</u></p> <ul style="list-style-type: none"> • Decide what needs to be measured or calculated • Observe and record data using appropriate methods, tools and technology • Make estimates and verify calculations <p><u>Think & Solve Problems</u></p> <ul style="list-style-type: none"> • Assess situations and identify problems • Seek different points of view and evaluate them based on facts • Recognize the human, interpersonal, technical, scientific and mathematical dimensions of a problem • Identify the root cause of a problem • Be creative and innovative in exploring possible solutions • Readily use science, technology and mathematics as ways to think, gain and share knowledge, solve problems and make decisions • Evaluate solutions to make recommendations or decisions • Implement solutions • Check to see if a solution works, and act on opportunities for improvement 	<p><i>The personal skills, attitudes and behaviours that drive one's potential for growth. You will be able to offer yourself greater possibilities for achievement when you can:</i></p> <p><u>Demonstrate Positive Attitudes & Behaviours</u></p> <ul style="list-style-type: none"> • Feel good about yourself and be confident • Deal with people, problems and situations with honesty, integrity and personal ethics • Recognize your own and other people's good efforts • Take care of your personal health • Show interest, initiative and effort <p><u>Be Responsible</u></p> <ul style="list-style-type: none"> • Set goals and priorities balancing work and personal life • Plan and manage time, money and other resources to achieve goals • Assess, weigh and manage risk • Be accountable for your actions and the actions of your group • Be socially responsible and contribute to your community <p><u>Be Adaptable</u></p> <ul style="list-style-type: none"> • Work independently or as a part of a team • Carry out multiple tasks or projects • Be innovative and resourceful: identify and suggest alternative ways to achieve goals and get the job done • Be open and respond constructively to change • Learn from your mistakes and accept feedback • Cope with uncertainty <p><u>Learn Continuously</u></p> <ul style="list-style-type: none"> • Be willing to continuously learn and grow • Assess personal strengths and areas for development • Set your own learning goals • Identify and access learning sources and opportunities • Plan for and achieve your learning goals <p><u>Work Safely</u></p> <ul style="list-style-type: none"> • Be aware of personal and group health and safety practices and procedures, and act in accordance with these 	<p><i>The skills and attributes needed to contribute productively. You will be better prepared to add value to the outcomes of a task, project or team when you can:</i></p> <p><u>Work with Others</u></p> <ul style="list-style-type: none"> • Understand and work within the dynamics of a group • Ensure that a team's purpose and objectives are clear • Be flexible: respect, be open to and supportive of the thoughts, opinions and contributions of others in a group • Recognize and respect people's diversity, individual differences and perspectives • Accept and provide feedback in a constructive and considerate manner • Contribute to a team by sharing information and expertise • Lead or support when appropriate, motivating a group for high performance • Understand the role of conflict in a group to reach solutions • Manage and resolve conflict when appropriate <p><u>Participate in Projects & Tasks</u></p> <ul style="list-style-type: none"> • Plan, design or carry out a project or task from start to finish with well-defined objectives and outcomes • Develop a plan, seek feedback, test, revise and implement • Work to agreed quality standards and specifications • Select and use appropriate tools and technology for a task or project • Adapt to changing requirements and information • Continuously monitor the success of a project or task and identify way to improve <p style="text-align: right; margin-top: 20px;"> Material adapted from: The Conference Board Of Canada 255 Smyth Road, Ottawa ON K1H 8M7 Canada Tel. (613) 526-3280 Fax (613) 526-4857 Internet: www.conferenceboard.ca/education </p>